



Screeener for Climate Distress (sum of GAD-2 and PHQ-2 screeners adapted for climate)

Over the last 2 weeks, how often have you been bothered by the following problems?				
1) Feeling nervous, anxious, or on edge <i>because of global warming</i>	0 Not at all	1 Several Days	2 More than half the days	3 Nearly every day
2) Not being able to stop or control worrying <i>about global warming</i>	0 Not at all	1 Several Days	2 More than half the days	3 Nearly every day
3) Little interest or pleasure in doing things <i>because of global warming</i>	0 Not at all	1 Several Days	2 More than half the days	3 Nearly every day
4) Feeling down, depressed, or hopeless <i>because of global warming</i>	0 Not at all	1 Several Days	2 More than half the days	3 Nearly every day

Scoring Instructions:

Response options of (0) not at all to (3) nearly every day. Items 1-2 are adapted from the GAD-2 scores can range from 0-6 with 3 and higher being considered an indication of generalized anxiety disorder. Items 3-4 can range from 0-6 with 3 and higher considered an indication of depression.