**Climate Distress Scale (Reser et al. 2012)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Please indicate the extent to which you agree or disagree:** | | | | | | |
| 1. I Experience Some distress each time I see or read media coverage of the likely impacts and consequences of climate change | 1  Strongly Disagree | 2 | 3 | 4 | 5 | 6  Strongly Agree |
| 2. At times I find myself thinking and worrying about what the world will really be like for future generations because of climate change | 1  Strongly Disagree | 2 | 3 | 4 | 5 | 6  Strongly Agree |
| 3. It upsets me that there seems to be so little that I can do to address environmental problems such as climate change | 1  Strongly Disagree | 2 | 3 | 4 | 5 | 6  Strongly Agree |
| 4. At times I feel some personal responsibility for the problems and unfolding impacts of climate change | 1  Strongly Disagree | 2 | 3 | 4 | 5 | 6  Strongly Agree |
| 5. The threat of climate change is affecting my quality of life and my assessment of environmental quality more generally | 1  Strongly Disagree | 2 | 3 | 4 | 5 | 6  Strongly Agree |
| 6. I feel some sense of loss because of climate change impacts that are becoming apparent in my local area | 1  Strongly Disagree | 2 | 3 | 4 | 5 | 6  Strongly Agree |

Reser, J. P., Bradley, G. L., Glendon, A. I., Ellul, M. C., & Callaghan, R. (2012). Public risk perceptions, understandings and responses to climate change in Australia and Great Britain. *Gold Coast, Qld: Griffith Climate Change Response Adaptation Facility*, *298*.

Note: Lawrance et al. (2022) use an 8-item version, where item 6 is split into:

* The threat of climate change is affecting my quality of life;
* The threat of climate change is affecting my assessment of environmental quality more generally